

Curriculum Summary

Subject: Personal, Social and Health Education

Year 7	Year 8	Year 9	Year 10
<u>Growing Up:</u> Students learn about transition and puberty.	<u>Discrimination:</u> Students learn about discrimination and stereotypes, including gender stereotypes and The Protected Characteristics (Equality Act 2021).	<u>Consent:</u> Students learn to define and recognise consent. They think deeply about its importance.	<u>Disrespect Nobody:</u> Students learn about relationship abuse. They build upon their understanding of consent and explore why some share sexual images. Students identifying the risks and legal implications of this behaviour.
<u>Mental Wellbeing:</u> Students identify types of mental illness and learn about the stigma around mental illness. Students also learn about how to look after your mental wellbeing.	<u>Taking Risks:</u> Students think about why young people take more risks than adults and how to manage those risks in terms of personal safety.	<u>Sexually Transmitted Infections:</u> Students learn about the causes, symptoms, prevention and treatments of sexually transmitted infections.	
<u>Different types of Relationships:</u> Students learn to recognise how our links with others contribute to our happiness.	<u>Understanding Drugs and Alcohol:</u> Students learn about the effect of alcohol and drugs, including addiction.	<u>Contraception Choices:</u> Students learn about contraception, comparing the options available. This unit includes a practical demonstration.	
<u>Healthy Relationships:</u> Students identify and understand the characteristics of healthy relationships.	<u>Healthy and Unhealthy Relationships:</u> Students identify the characteristics of healthy and unhealthy relationships.	<u>Unintended Pregnancy and Abortion:</u> Students learn about the physical and emotional impacts of unintended pregnancy for both partners.	<u>Peer Pressure:</u> Students learn about peer pressure.
<u>Healthy Lifestyle:</u> Students explore how a healthy lifestyle contributes to our mental wellbeing.	<u>Relationship Values:</u> Students learn about managing conflict in a relationship and learn to identify relationship abuse.	<u>Basic First Aid:</u> Students learn about the treatment for common injuries.	<u>Managing Unwanted Attention:</u> Students explore this topic, including stalking and harassment.
<u>Careers and Citizenship:</u> Students devote time to considering their future careers and learn about the UK civil and criminal justice system.	<u>Careers and Citizenship:</u> Students explore their career paths and blood, stem cell and organ donation.	<u>Basic First Aid:</u> Students learn life-saving skills including CPR. They learn about defibrillators.	<u>Reducing and Reporting Inappropriate Behaviour</u>