

Revision Timetable



Remember to **take regular breaks**, get some **fresh air**, drink plenty of **water**, and **eat** and **sleep** properly!

Name							Timetable for the week commencing:		
Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Subjects	Techniques
09:00									Reduce Notes
10:00									Flash Cards
11:00									Mind Maps
12:00									Timelines
13:00									Rewrite Notes
14:00									Outline Note Method
15:00									Cornell Note Method
16:00									Retrieve Knowledge
17:00									Brain Dump
18:00									Quizzing
19:00									Flash Cards
20:00									Leitner Method
21:00									Past Papers

5 Revision Tips

1. When studying, make sure you build in a mini 5 minute break every 30 minutes.
2. Use the subject column to list your lessons. Then be specific. In each time slot, use a strategy to focus on a particular topic from a particular subject.
3. Make sure you block out times when you have other important commitments, such as lunch, dinner, and any hobbies/interests that you attend.
4. Get a chair to sit at, a desk/table to work on, and make sure the work space you are using is organised and free from distractions.
5. At the end of each week, make changes to the coming week's schedule as appropriate, so that new topics can be covered within your sessions.